



School Age Health Newsletter

New Immunization Requirements for School Enrollment for SY 2010-2011

Beginning with the 2010-2011 school year, four new immunization requirements and/or changes will be in place for students attending Virginia public and private/parochial schools:

- A second dose of varicella vaccine is required before entering kindergarten.
- A second dose of mumps vaccine is required before entering kindergarten.
- Four (4) doses of polio vaccine are required, with one (1) dose being administered on or after the 4th birthday, for all new children enrolling in your schools (kindergarten-12th grade).
- Four (4) doses of DTaP vaccine are required, with one (1) dose being administered on or after the 4th birthday, for all new children enrolling in your schools (kindergarten-12th grade).

Immunization requirements for a child to enroll or attend school in Virginia are outlined in the Virginia Department of Health (VDH) *School & Day Care Minimum Immunization Requirements*, and can be accessed from this website-<http://www.vdh.virginia.gov/Epidemiology/Immunization/documents/Min%20Requirements.pdf>.

Parents are responsible for providing

documentation that all required immunizations are up-to-date and completed, or that a medical or religious exemption has been obtained. Visit http://www.doe.virginia.gov/support/health_medical/certificate_religious_exemption.pdf

to download a copy of the religious exemption form. A student whose immunizations are incomplete may be admitted conditionally, provided the parent or guardian has documentation at the time of enrollment indicating that the student has received at least one dose of the required immunizations and has a written schedule for completing the



remaining doses within 90 calendar days of the opening of school.

There is no plan to update the

Comprehensive School Entrance Health Form (MCH213F). Visit http://www.vahealth.org/childadolescenthealth/documents/MCH_213_Draft_revised_2.28.07.pdf to download a copy of this form. There are blocks on the immunization form to include the new requirements, a disclaimer stating that the requirements are subject to change, and a listing of the VDH web site where the most current requirements are posted.

Should you have questions or need additional information, please contact Janet Wright, School Age Health Specialist, at 804-864-7689 or email: Janet.wright@vdh.virginia.gov.



Volume I, Issue 5

May 31, 2010

Special points of Interest

- SHEP Conference 2010
- Lyme Disease Detection and Prevention
- Sun Safety Awareness
- PIV School Immunization Update Webinar
- Review of 2009 Virginia Youth Survey

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School Education and Partnership (SHEP) Conference 2010

It's coming again this summer!!! Plan now to participate in the School Health and Education Partnership (SHEP) Conference at Longwood University located in beautiful Farmville, Virginia. SHEP is designed for school nurses, health care providers, teaching personnel, and health educators as they come together for a time of continuing education, professional development and networking opportunities.

Continuing education units (CEU's) are being offered to school nurses by the Virginia Association of School Nurses (VASN), depending upon course

selection and participation.

Registration for the four day conference is \$90.00 per person and includes training materials, on campus dormitory lodging and meals.

Private and Parochial school nurses- Be on the lookout for an all day session designed with you in mind- "Ballyhoo! Presenting Building Blocks to Advance the Specialized Practice of Private and Parochial School Nurses"

Please contact Michele Orr, Administrative Office Specialist in the Office of Student Services at the Virginia Department of Education

to receive a conference registration form. She can be contacted at 804-786-5703 or

Michele.orr@doe.virginia.gov



School Health & Education Partnership

July 12-14, 2010
Longwood University

Courtesy of the Virginia Department of Education

Detecting Lyme Disease

The spring and summer seasons bring sun, fun, warmer weather and ticks! It's that time of year to brush up on the signs and symptoms of Lyme Disease, as well as prevention measures to take to prevent the risk of developing tick-borne disease.

When you hear the word "Lyme disease", what is the first thing to come to your mind? If you said, a "bull's eye rash", you are right. Other symptoms of Lyme Disease include fever, headache, malaise, fatigue, and stiff neck.



Large, red, slowly spreading rash characteristic of Lyme Disease called erythema migrans (EM) rash

Picture courtesy of the American Lyme Disease Foundation

The Virginia Department of Health reports a steady increase in the number

of newly identified Lyme disease cases since 2000.

So how does one contract Lyme disease?

Lyme disease is caused by a bacterial infection spread by the bites of infected ticks. The black legged tick or "deer tick" is known to cause the spread of Lyme Disease.

A common question often asked is, "how long does the tick have to be attached and feeding on human skin before becoming infected with Lyme Disease?" The answer is at least 36 hours.

The good news-Lyme disease is preventable by following several practices that will decrease the risk of acquiring this disease.

- Conduct tick checks.



Black legged tick

- Remove ticks promptly.
- Wear proper light colored clothing.
- Use of repellants.
- Avoid tick infested forested areas.

For more information on Lyme Disease in Virginia, visit-

<http://www.vdh.virginia.gov/epidemiology/DEE/Vectorborne/HCPs>

to view the presentation entitled, "Lyme Disease Tracking and Prevention in Virginia".

Remember, Lyme Disease is a reportable disease in Virginia so be sure to contact your local health department of known cases. It allows VDH to track the spread of this infection throughout Virginia.

Courtesy of VDH Division of Zoonotic and Environmental Epidemiology

Educate Students on Sun Safety Using the SunWise Program

Spring and summer months bring opportunities for students to enjoy more of the outdoors with playground recess, school field day activities, outside school field trips, and outside sporting events. While it is healthy for our students to be outdoors and active, take time to educate them on the health risks from overexposure to the sun's ultra violet (UV) radiation. Did you know that one in five Americans will develop skin cancer in

their lifetime? Too much sun can cause sunburn, skin cancer, cataracts, and weaken the immune system.

The SunWise program is an environmental and health education program that serves to teach students and their caregivers about preventive sun safety practices they can use to protect themselves from overexposure to the sun.

Visit <http://www.epa.gov/sunwise/index.html> to learn how you can bring the SunWise program to your school to educate your students and staff on sun safe practices and behaviors. Several

educational resources are available to you including posters, brochures, fact sheets and a toolkit.

Take this opportunity to raise sun safety awareness in your school and community!

Courtesy of U.S. Environmental Protection Agency



PIV Hosts 2010 Immunization Update Webinar

Project Immunize Virginia (PIV) hosted the webinar, "*Children Ready for School This Fall? Learn About the New Immunization Updates Required for School Entry*", on April 30, 2010. Virginia Department of Health staff, Dr. Sandy Sommer, Quality Assurance and Policy Manager with the Virginia Department of Health (VDH) Division of Immunization, and Janet Wright, VDH School Age Health Specialist with the Division of Child and Adolescent Health provided discussion on the immunization regulatory process, changes in immunization requirements for the upcoming school year, and immunization resources available to assist you in immunization record review.

This webinar is now available for viewing on the PIV website under the "News & Events" section. The presentation slides are available to download under the **Resource** tab on our website.

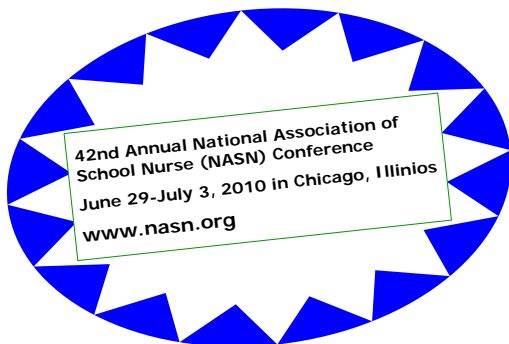
To view the webinar, click http://www.immunizeva.org/news/2010/5/6/webinar_children_ready_for_school_in_the_fall_whats_new_for_sy_201011/.



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VDH VIRGINIA
DEPARTMENT
OF HEALTH
Protecting You and Your Environment

The mission of the Virginia Department of Health is to promote and protect the health of all Virginians.

The mission of the school age health specialist is to promote the health of school aged children in

Virginia.

The intent of this newsletter is to equip you with school age health related resources that will enable you to meet the needs of your students.

Janet Wright, RN, BSN

School Age Health Specialist

www.vahealth.org/childadolescenthealth

Our “healthy kids make better students, and better students make healthy communities.”

Results of 2009 Virginia Youth Survey

The 2009 Virginia Youth Survey (VYS) project was conducted by the Virginia Departments of Health and Education between March and June 2009. Through a five-year grant provided by the Centers for Disease Control and Prevention (CDC), the Virginia Youth Survey was designed to gather

Information about the health risk behaviors of Virginia youth.

The 2009 Virginia Youth Survey was completed by 755 students in 24 public high schools. The school



response rate was 65%, the student response rate was 73%, and the overall response rate was 47%.

Students completed a self-administered, anonymous, 99-item questionnaire. Survey procedures

were designed to protect the privacy of students by allowing anonymous and voluntary participation. Local parental

permission procedures were followed before survey administration.

Due to the low overall response rate, the results are representative of only those students who completed the questionnaire and cannot be generalized to the

entire population. In keeping with CDC recommendations, raw data will not be shared with outside entities for any further analysis. However, planning for the upcoming 2011 Virginia Youth Survey will begin in May 2010. If you would like more information on the upcoming plans for the 2011 Virginia Youth Survey, please contact **Shanee Harmon** at **804-864-7671**, or by email at Shanee.harmon@vdh.virginia.gov.